

Develop an understanding of mental health and addiction issues and apply strategies, interventions, and tools to work alongside people and whānau in mental health and/or addiction settings.

Programme highlights:

- · Provide culturally safe, inclusive care.
- Support autonomy, resilience, and hope in those with mental health and addiction issues.
- Work collaboratively and apply effective communication strategies to manage the impacts of stigma and discrimination.
- Develop self-awareness, reflective practice, and personal leadership.

Mode of learning:

- Supportive, interactive online learning.
- · Community and workplace learning experiences.
- · Learn while you work or volunteer.

Career opportunities:

- Advance your skills and knowledge in the healthcare sector.
- Find employment as a mental health and addiction support worker, addiction programme facilitator, caregiver, or residential support worker.
- Boost your earning potential and career progression.

Entry criteria:

- Applicants must be a minimum of 16 years old.
- English language learners must provide proof of competency.

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