

New Zealand Certificate in Health and Wellbeing (Peer Support) (Level 4)



CAVALLI
COLLEGE



NZQA approved



120 credits



1 year duration



Flexible learning



Monthly intakes

Use your lived experience in mental health and addiction, disability or chronic health conditions to support and empower others with in their recovery journey.

Programme highlights:

- Build authentic, culturally connected peer relationships with clients and whānau.
- Develop hope, resilience, mana, self-determination and autonomy in clients.
- Demonstrate self-awareness and practise within ethical and professional boundaries.
- Use a strengths-based approach to support the holistic wellbeing of self and others.

Mode of learning:

- Supportive, interactive online learning.
- Community and workplace learning experiences.
- Learn while you work or volunteer.

Career opportunities:

- Use your lived experience to find employment as a peer support worker in a range of settings, such as mental health, addiction, disability, or other significant health conditions.
- Boost your earning potential and career progression.

Entry criteria:

- Applicants must be a minimum of 16 years old.
- Applicants must provide evidence of lived experience such as mental health, addiction, disability or a significant health condition.
- English language learners must provide proof of competency.

www.cavallicollege.nz

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NZQA¹
category one
education provider